



# MENTAL HEALTH ASSOCIATION

O F G R E A T E R H O U S T O N



A United Way Agency

## ADULT AND FAMILY MENTAL HEALTH SERVICES

<b>MENTAL HEALTH ASSOCIATION</b> .....	<b>2211 Norfolk, Ste. 810 77098</b> .....	<b>713.522.5161</b> .....	<b>I&amp;R, Advocacy, Education</b>
Asian American Family Services.....	6220 Westpark, Ste. 228 77057.....	713.339.3688 .....	I&R, Counseling In Diff. Asian Languages
Baylor Psychiatry Clinic.....	6655 Travis, Ste. 500 77030.....	713.798.4857 .....	Psychiatric & Psychological Services
*Ben Taub General Hospital.....	1504 Taub Loop 77030 .....	713.873.2000 .....	Medical & Psychiatric Hospital Outpatient Services
Carole & Ronald Krist Samaritan Center .....	17555 El Camino Real 77058 .....	281.480.7554 .....	Faith Based Individual/Family Counseling
Cancer Counseling, Inc.....	4101 Greenbriar, Ste. 317 77098 .....	713.520.9873 .....	Individual, Group Therapy/Diff. Languages
Catholic Charities .....	2900 Louisiana 77006.....	713.526.4611 .....	Counseling, Adoption, HIV Program Immigration Services
Center for Counseling (Multiple Locations).....	2916 W. T.C. Jester, Ste. 102 77018.....	713.263.0829 .....	Faith-Based Counseling, Education
Center for Creative Resources .....	310 Sul Ross 77006 .....	713.461.7599 .....	Counseling By Supervised Interns
Community Family Centers.....	7524 Avenue E 77012 .....	713.923.2316 .....	Counseling, Education, Parenting Classes Immunization, Anger Management
Connecting Families.....	812 West Dallas, Ste. 150 Conroe 77301.....	936-441-4733 .....	Divorce Workshop, Counseling, Anger Management, Family Foundation
*Crisis Intervention of Houston, Inc.....	3015 Richmond, Ste. 120 77098.....	<b>(Hotline) 713.HOTLINE</b> .....	Crisis Intervention, Suicide Prevention
Spanish Hotline.....	.....	713.526.8088 .....	Crisis Intervention, Suicide Prevention
DAYA Inc. ....	PO Box 571774 77257.....	<b>(Helpline) 713.914.1333</b> .....	Counseling, Advocacy, Outreach, Education
Depression and Bipolar Support Alliance.....	3800 Buffalo Speedway, Ste. 300 77098 .....	713.600-1131 .....	Self-Help Support Groups, I & R
El Centro de Corazon (Multiple Locations).....	5001 Navigation Blvd. 77011 .....	713.926.1849 .....	Counseling, Primary and Mental Healthcare Pediatrics, Dental
Family Outreach Center.....	1300-A Bay Area Blvd. 77058.....	281.486.8827 .....	Parenting Classes, Casework, Mentoring
Family Services of Greater Houston (Multiple Locations).....	4625 Lillian 77007 .....	713.861.4849 .....	Info & Appointments (Counseling Office)
Gateway To Care -Navigators.....	3611 Ennis 77004 .....	713.783.4616 .....	Helps Connect To Healthcare Services
Gay and Lesbian Switchboard of Houston .....	.....	<b>(Hotline) 713.529.3211</b> .....	Crisis Hotline, Counseling, Intervention, I&R
Harris County Hospital District .....	.....	<b>(For Appointments) 713.526.4243</b> .....	Health/Mental Health Services
Harris County Hospital District –Ask Your Nurse.....	.....	<b>(Hotline) 713.633.2255</b> .....	General Health Information
Harris County Psychiatric Center .....	2800 South MacGregor 77021 .....	713.741.5000 .....	(Switchboard) Psychiatric Hospital
Healthcare for the Homeless -Houston .....	PO Box 66690 77266.....	713.798.6067 .....	Psychiatric Services for the Homeless
Houston Galveston Institute .....	3316 Mount Vernon 77006 .....	713.526.8390 .....	Individual and Family Counseling Anger Management, Group Therapy, EAP
Houston-Galveston Trauma Institute .....	P.O.Box 925453 Houston 77292.....	713.626.0000 .....	Mental Health Training and Education
InnerWisdom Counseling Centers .....	1325 LaConcha 77054.....	713.592.9292 .....	Individual, Family & Marriage Counseling,
Innovative Alternatives.....	18333 Egret Bay, Ste. 540 77058 .....	832.864.6000 or .....	Anger Management 713-222-2525 Individual, Family Counseling
Interface-Samaritan Counseling Center.....	4803 San Felipe 77056 .....	713.626.7990 .....	Faith-Based Counseling for All Ages
West Houston Location.....	725 Bateswood Drive 77079.....	713.626.7990 .....	Faith-Based Counseling for All Ages
Spring Location .....	6823 Cypresswood Drive 77379.....	281.376.8006 .....	Faith-Based Counseling for All Ages
Jewish Family Service .....	4131 South Braeswood 77025 .....	713.667.9336 .....	I&R, Counseling
MHMRA (Multiple Locations).....Administration.....	7011 Southwest Freeway 77074 .....	713.970.7070 .....	Mental Health Service Provider
Eligibility Determination Center.....	3630 West Dallas 77019 .....	713.970.7070 .....	Financial & Clinical Eligibility for Services: Psychiatric Eval., Med. Management., Other
Forensic Services.....	Harris County Jail .....	713.755.7241 .....	Evaluation and Medication/Harris Co. Jail
*NeuroPsychiatric Center.....	1502 Taub Loop 77030 .....	713.970.7070 .....	Emergency Psychiatric Treatment
Montrose Counseling Center .....	401 Branard St., Second Floor 77006 .....	713.529.0037 .....	Gay/Lesbian, Bisexual, Transgender & HIV Counseling, Drug Treatment, Case Mngmnt.
NW Assistance Ministries -Family Violence Center .....	15555 Kuykendahl 77090 .....	<b>(Hotline) 281.885.4673</b> .....	I&R, Counseling In English, Education for Domestic Violence Victims
NAMI Metropolitan Houston.....	P.O. Box 740169 77274 .....	713.970.3455 .....	Education, Support, Advocacy
New Horizon Family Center.....	313 S. Hwy. 146 Baytown 77520 .....	<b>(Hotline) 281.422.2292</b> .....	Emergency Shelter, Individual Counseling I&R, Legal Advocacy, Education
Recovery, Inc.....	P.O. Box 550793 77255-0793 .....	713.466.3387 .....	Self-Help Groups
The Bridge (Pasadena).....	P.O. Box 3488 77501 .....	<b>(Hotline) 713.473.2801</b> .....	Emergency Shelter, Hotline, Support Groups, Sexual Assault & Domestic Violence Victims
The Gathering Place .....	5310 South Willow 77035 .....	713.729.3499 .....	Psychosocial Rehabilitation Services
University of Houston Clear Lake .....	2700 Bay Area Blvd., Box 83 77058 .....	281.283.3330 .....	Counseling By Master-Level Trainees
UH Psychological Research & Services Center .....	4505 Cullen 77004, Entrance 8.....	713.743.8600 .....	Counseling By Doctoral Students/Faculty Individual & Group Therapy, Psychological Assessments
Veterans Affairs (Houston) Medical Center.....	2002 Holcombe Blvd. 77030 .....	713.794.7101 .....	Inpatient/Outpatient Psychiatric Services For Veterans

\*Crisis Services

www.mhahouston.org

I&R = Information and Referral Services

THE MENTAL HEALTH ASSOCIATION HAS AN EXTENSIVE LISTING OF SUPPORT GROUPS IN HARRIS COUNTY

**Call MHA Houston Information and Referral: 713.522.5161**



## CHILDREN'S MENTAL HEALTH SERVICES

<b>*YOUTH SERVICES CENTER</b> .....	<b>6300 Chimney Rock 77081</b> .....	<b>713.295.2500</b> .....	<b>Crisis Intervention, Case Mgt.</b>
Asian American Family Services.....	6220 Westpark, Ste. 228 77057.....	713.339.3688.....	Counseling, Youth Programs
Ben Taub General Hospital.....	1504 Taub Loop 77030.....	713.873.2000.....	Psychiatric Services for Children
Bo's Place.....	10050 Buffalo Speedway 77054.....	713.942.8339.....	Children & Teen Grief Support Gps, I & R
Cadwalder Clinic.....	1320 Quitman 77009.....	713.222.0450.....	Day Program, Counseling
Casa de Esperanza de los Niños, Inc.....	1407 Wichita 77004.....	713.529.0639.....	Crisis & Long-Term Res. Foster Care
Catholic Charities.....	2900 Louisiana 77006.....	713.526.4611.....	Counseling, Adoption, Foster Care
Child Advocates.....	2401 Portsmouth, Ste. 210 77098.....	713.529.1396.....	Advocacy for Abused Children
Children's Assessment Center.....	2500 Bolsover 77005.....	713.986.3300.....	Counseling, Assessment-For Sexual Abuse
Community Family Centers.....	7524 Avenue E 77012.....	713.923.2316.....	Counseling (Age Seven & Up), Education
Covenant House Texas.....	1111 Lovett Blvd. 77006.....	713.523.2231.....	Shelter, Food, Clothing, Health Care
DePelchin Children's Center (Multiple Locations)	Access (all locations) Area Codes 281,409, or	713.730.2335 ..	Therapy, Foster Care, Adoptive Services
Houston Downtown (Central).....		713.730.2335	Outpatient Therapy, Parenting, Foster Care
Baytown Center.....		281.427.1300	Outpatient Therapy, Parenting, Foster Care
Clear Lake Center.....		281.282.6062	Outpatient Therapy, Parenting, Foster Care
Stafford.....		281.261.0083	Outpatient Therapy, Parenting, Foster Care
Woodlands.....		281.367.7707.....	Outpatient Therapy, Parenting Classes
Family Outreach Center.....	1300-A Bay Area Blvd. 77058.....	281-486-8827.....	Child Abuse Prevention & Education
Family Protective Services.....		<b>(Hotline)</b> 1.800.252.5400.....	Report Child Abuse and Neglect
Family Services of Greater Houston (Multiple Locations — see entry under <i>Adult and Family Mental Health Services</i> )			
Houston Galveston Institute.....	3316 Mount Vernon 77006.....	713.526.8390.....	Child and Adolescent Counseling
Interface-Samaritan Counseling Center (Multiple Locations — see entry under <i>Adult and Family Mental Health Services</i> )			
MHMRA Children's Mental Health Services.....	3630 West Dallas 77019.....	713.970.7070.....	Assessments for Mental Health Services
Runaway Hotline.....		<b>(Hotline)</b> 1.888.580.4357.....	Crisis Counseling and Referrals to Shelters
Teen Crisis Hotline (Crisis Int. Houston).....		<b>(Hotline)</b> 713.529.TEEN.....	Crisis Intervention, Suicide Prevention
University of Houston Clear Lake.....	2700 Bay Area Blvd., Box 83 77058.....	281.283.3330.....	Evaluations By Master-Level Trainees

## ALCOHOL AND DRUG SERVICES

### **THE COUNCIL ON ALCOHOL AND DRUGS—HOUSTON**

<b>303 Jackson Hill 77007</b> .....	<b>713.942.4100</b> .....	<b>I &amp; R, Education, Counseling, Adolescents, Seniors &amp; Dual Disorders</b>	
Al-Anon Family Group Service.....	9800 Northwest Freeway., Ste. 201 77092.....	713.683.7227.....	Referrals to Al-Anon Meetings
*Alcoholics Anonymous (Intergroup Assoc., Inc.) ..	4140 Directors Row, Stes. D&E 77092 ..	<b>(HL)</b> 713.686.6300 ..	24 - Hour Hotline, Referral to AA Groups
Assn. for the Advancement of Mexican Americans	6001 Gulf Freeway Building C1 77023.....	713.928.6726.....	Residential Treatment for Adolescents
	204 Clifton, 77011.....	713.926.9491.....	Outpatient Treatment for Adolescents, Gang Prevention, Education, Support
Bay Area Council On Drugs & Alcohol, Inc.....	1300-A Bay Area Blvd., Ste. 102 77058.....	281.212-2900.....	Prevention, Education., Counseling Testing, Information & Referrals
Career and Recovery Resources, Inc.....	2525 San Jacinto 77002.....	713.754.7000.....	Vocational Rehab, Outpatient Aftercare
Cenikor.....	4525 Glenwood Ave., Deer Park 77536.....	281.476.0088.....	Long-term Residential Treatment
Cocaine Anonymous.....		713.686.6822.....	I & R, Support Groups
Houston Recovery Campus.....	4514 Lyons 77020.....	713.331.2500.....	Residential, Outpt., Treatmt., Adults,
		713.331.2580 (Spanish).....	Adolescents, Women and Children, Dual Disorders
L - H Transitional Center, Inc.....	2410 Caplin, 77026.....	713.692.1728.....	Intensive Outpt, Residential, Dual Disorder
Montrose Counseling Center.....	401 Branard St., Second Floor 77006.....	713.529.0037.....	Gay/Lesbian, Bisexual, Transgender HIV Counseling, Drug Treatment, Case Mgt.
Narcotics Anonymous <b>(Hotlines)</b> .....		713.661.4200 ..	24 - Hour Hotline, Referral to NA Groups
Odyssey House Texas, Inc.....	5629 Grapevine 77085.....	713.726.0922.....	Residential Treatment for Adolescents
Palmer Drug Abuse Program Information Line (Multiple Locations)		281.589.4832.....	12-Step Peer Support Program
Recovery Houston Institute.....	10525 Eastex Freeway 77093.....	713.692.4000.....	Substance Abuse, Rehab Transitional Living
Riverside General Hospital.....	3204 Ennis 77004.....	713.526.2441.....	Detox., Outpatient, Residential Treatment, Adults and Adolescents
Salvation Army.....	1015 Hemphill 77007.....	713.869.3551.....	Edu., Work Therapy, Counseling
Santa Maria Hostel (Women Only).....	2005 Jacquelyn 77055.....	713.957.2413.....	Residential Treatment,
	Admissions.....	281.657.0877.....	Outpatient Program, Dual Disorder
Star of Hope Transitional Living Center.....	6801 Ardmore 77054.....	713.748.7242.....	Residential Treatment. Educ., Counseling
The Texas House (Men Only).....	2208 West 34th St. 77018.....	713.956.6337.....	Mental /Substance Residential Trtmt.
The Women's Home (Women in Crisis Only).....	607 Westheimer 77006.....	713.521.3150.....	Mental Health, Substance Abuse and Residential Treatment
Veterans Affairs (Houston) Medical Center.....	2002 Holcombe Blvd. 77030.....	713.794.7101.....	Outpatient Service for Veterans
Volunteers of America.....	308 East Rogers 77022.....	713.692.8190.....	Residential Treatment for Women



## MENTAL HEALTH SERVICES FOR THE ELDERLY

<b>SHELTERING ARMS</b> .....	<b>3838 Aberdeen Way 77025</b> .....	<b>713.956.1888</b> .....	<b>Home Care, Counseling &amp; Respite</b>
Alzheimer's Association.....	2242 West Holcombe 77030.....	713.266.6400.....	Helpline, Respite, Safe Return Program, Advocacy, Resource Management, Counseling
Baylor Geriatric Medicine Associates.....	1709 Dryden Rd., Ste. 850 77030.....	713.798.3967.....	Clinic, Comprehensive Assessment
Catholic Charities SAFE Program.....	2900 Louisiana 77006.....	713.874.6699.....	Services Alone & Frail Elderly
Family Protective Services.....	.....	<b>(Hotline) 1.800.252.5400</b> .....	Investigate Abuse, Neglect, Exploitation of Elderly/Disabled Adults
Harris Co. Area Agency on Aging.....	8000 North Stadium, Third Floor 77054.....	713.794.9006.....	I&R Assistance, Benefits Counseling, Care Coordination, Legal Assistance
Harris Quentin Mease Geriatrics Program.....	3601 North MacGregor Way 77004.....	713.873.3894.....	Inpt/Outpt Service, Home Visits, Rehab
Senior Guidance Directory.....	.....	.....	Available Free of Charge at Walgreens
Jewish Family Service.....	4131 South Braeswood 77025.....	713.667.9336.....	I & R, Counseling, Case Mgt, Lifeline
Seven Acres Jewish Senior Care Services.....	6200 North Braeswood 77074.....	713.778.5700.....	Full Geriatric Center
UT Houston Center on Aging			
Ombudsman Program.....	6901 Bertner Ave., Ste. 611 77030.....	713.500.9931.....	Advocacy Residents' Rights
Veterans Affairs (Houston) Medical Center.....	2002 Holcombe Blvd. 77030.....	713.794.7101.....	Inpatient/Outpatient Srvs. for Veterans

## SOCIAL AND RELATED SERVICES

**UNITED WAY OF GREATER HOUSTON** 50 Waugh Drive 77007..... **713.957.4357 or 211 I & R, Texas Social Service Info Line**  
(Including Bay Area, Fort Bend County, and Waller County Service Centers)

**Montgomery County** ..... **281.292.4155** **Brazoria County**..... **1.800.971.6677** **Baytown**..... **281.424.5922**

Advocacy, Inc.....	1500 McGowen, Ste. 100 77004.....	1.800.880.0821/713.974.7691.....	Advocacy, Disability Legal Rights
Aid to Victims of Domestic Abuse (AVDA).....	1001 Texas, #600 77002.....	713.224.9911.....	Protective Orders, Divorce and Child Custody for Victims of Abuse, Crisis Counseling, Legal Advocacy
AIDS Foundation Houston, Inc.....	3202 Wesleyan 77027.....	713.623.6796.....	Housing, Educ., Case Mgmt., I&R
Alliance for Multicultural Community Services.....	6440 Hillcroft, Ste. 411 77081.....	713.776.4700.....	Medicaid Educ., Case Mgt, Life Skills
American Red Cross.....	2700 Southwest Freeway 77098.....	713.526.8300.....	Disaster Assistance, Transportation, Military, Social Services
Bay Area Turning Point.....	P.O.Box 57543, Webster 77598.....	281.338-7600.....	Support Services, Emergency Shelter
Career and Recovery Resources, Inc.....	2525 San Jacinto 77002.....	713.754.7000.....	Job Placement & Employment Program
City of Houston Dept. of Health & Human Srvs.....	8000 North Stadium Drive 77054.....	713.794.9999.....	Preventative Health Services
Consumer Credit Counseling Services.....	9009 West Loop South, Ste. 700 77096.....	713.394-3400.....	Financial Counseling
Dispute Resolution Center.....	49 San Jacinto #220 77002.....	713.755.8274.....	Mediation, I & R
ECHOS.....	9600 South Gessner Building E 77071.....	713.270.0369.....	Social Services, Physical Screenings
Goodwill Industries.....	4640 Main St. 77002.....	713.692.6221.....	Employment, Job Placement, Life Skills
Gulf Coast Community Services Association.....	5000 Gulf Freeway Bldg 1 77023.....	713.393.4700.....	Social Services, Transportation
Harris County Social Services.....	9418 Jensen 77093.....	713.696.7900.....	Shelter, Utilities, Social Services
Harris County Public Health & Environmental Srvs.....	2223 West Loop South 77027.....	713.439.6000.....	Referrals for Health Services
Harris County Medical Society.....	1515 Hermann Drive 77004.....	713.942.7050.....	Physician I & R
HCHD Eligibility Call Center (Gold Card).....	5959 Long Dr. 77087.....	713.643.3691.....	Access To Community Healthcare
Hear-Say.....	7400 Harwin, Ste. 256 77036.....	713.917.0062.....	I & R, Education for Hearing Impaired
Houston Area Urban League.....	1301 Texas 77002.....	713.393.8700.....	Employment Srvs., Education Support
*Houston Area Women's Center.....	1010 Waugh Drive 77019.....	<b>(Hotline) 713.528.2121</b> .....	First-time Home Buyers Seminars, Healthcare Initiatives
Interfaith Ministries for Houston.....	3217 Montrose 77006.....	713.533-4900.....	Support Services, Emergency Shelter
Lone Star Legal Aid.....	1415 Fannin 77002.....	713.652.0077.....	Meals on Wheels, Refugee Aid (Only for Public Benefits), Legal Assistance
Lutheran Social Services.....	1535 West Loop South, Ste. 410 77027.....	713.521.0110.....	Adoption, Foster Care
Mayor's Citizens' Assistance Office.....	900 Bagby, City Hall Annex 77002.....	713.247.2907.....	City Services Complaints, I & R
Planned Parenthood of Houston, Inc.....	3601 Fannin 77004.....	713.522.6240.....	Testing, Educ. & Training, Counseling
SEARCH.....	2505 Fannin 77002.....	713.739.7752.....	Day Shelter, Social Services
Social Security Administration.....	7324 Southwest Freeway, Ste. 500 77074.....	1.800.772.1213.....	Disability, SSI, Medicare, Medicaid
St. Joseph Clubhouse.....	P.O. Box 25415 77265.....	713.520.0461.....	Psychosocial Rehabilitation
Texas Dept. of Health & Human Services.....	5425 Polk St. 77023.....	713.767.2000.....	Food Stamps, Medicaid, TANF
The Arc of Greater Houston.....	3737 Dacoma, Ste. E 77092.....	713.957.1600.....	I&R, Advocacy, Training, Programs for Persons with Developmental Disabilities
The Center. Serving Persons W/Mental Retardation.....	3550 West Dallas 77019.....	713.525.8400.....	Workshops, Residential, Day Program, Respite Care
The Dept. of Assistive and Rehabilitative Services.....	427 West 20th, Ste.407 77008.....	713.802.3100.....	Job Trng. & Plcmnt for Qualified Indvlds

\*Crisis Services